

About the Conference

The Schlichting Professional Conference seeks to improve clinical outcomes and quality of care by providing professionals with necessary tools to effectively respond to the needs of persons with dementia and persons at risk.

This program is supported, in part, by the City acting as the Harris County Area Agency on Aging and the Texas Department on Aging and Disability Services.

Directions

United Way Community Resource Center is located just south of the Houston Heights at 50 Waugh Drive (Waugh Drive @ Feagan). Parking is free.



Early Registration (Through March 23)

Conference Only: \$75  
Conference + CEUs: \$95  
Full Time Student (W/ID): \$35

Regular Registration (March 24 or after)

Conference Only: \$100  
Conference + CEUs: \$120

Cancellation Policy

If unable to attend, a replacement may be sent. No refunds will be given. For questions and group rates, call 713.314.1313.

To register, complete this form and return it with payment to: Alzheimer's Association Houston & Southeast Texas Chapter, 2242 W. Holcombe Blvd. Houston, Texas 77030. If paying by credit card, you may fax your registration to 713.314.1315. To register online, visit alztex.org/proconference. For more information, call 713.314.1313.

Name \_\_\_\_\_ Address \_\_\_\_\_  
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Select one class for each session:

Spotlight Session

- ☐ Ethical Considerations in Dementia Care
- ☐ The Impact of Family Dynamics on Care Provisions
- ☐ Evidence Based Non-Pharmacological Interventions

Interactive Session A

- ☐ Understanding the Dementia Experience
- ☐ Implementing Cognitive Behavioral Strategies in Dementia Care I
- ☐ Early Stage Interactions

Interactive Session B

- ☐ Financial Options for Persons with Dementia and their Caregivers
- ☐ Improving Dementia Care through Environmental Changes
- ☐ Implementing Cognitive Behavioral Strategies in Dementia Care II



Houston & Southeast Texas Chapter  
2242 W. Holcombe Blvd.  
Houston, TX 77030-2008

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2012 Schlichting  
Professional Conference

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alzheimer's association  
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SCHLICHTING  
PROFESSIONAL  
CONFERENCE  
THE INTERSECTION OF  
QUALITY DEMENTIA CARE

Friday, March 30, 2012  
United Way Community Resource Center  
50 Waugh Dr. Houston, TX 77007  
8:30 a.m. - 4 p.m.  
Space is limited. Register online at alztex.org/conference

Keynote Presentation  
Evidence-Based Interventions in  
Person-Centered Care

A. Lynn Snow, PhD  
Associate Professor  
Department of Psychology University of Alabama  
Center for Mental Health and Aging



Dr. Snow’s main research interests are in the area of improving quality of care in nursing home residents, through evaluation and management of pain in residents with dementia, and the process of nursing home organizational change. She is also interested in developing and evaluating assessments and treatments of other psychological disorders in persons with dementia (especially depression, agitation/aggression, and quality of life).

Lunch Presentation  
Alzheimer’s Disease Research Update

Ian Murray, PhD  
Assistant Professor  
Department of Neuroscience and Experimental Therapeutics  
Texas A&M Health Science Center

Closing Presentation  
Riding the Rollercoaster of Emotions:  
The Psuedobulbar Affect

Dana Saffel, PharmD, CGP  
Assistant Professor  
President, CEO  
PharmaCare Strategies

Workshop Speakers

Rebecca Axline, LCSW  
Nantz National Alzheimer Center Methodist Neurological Institute

Ali Asghar, MD  
Baylor College of Medicine

Mario F. Dulay, PhD  
Nantz National Alzheimer Center Methodist Neurological Institute

Peggy Gleeson, PT, PhD  
Texas Woman’s University

Mary Kenan, PsyD  
Neuropsychologist

Dan Kroll  
Care Partner

Christina Leshner, LBSW, JD  
Leshner Law Firm

Jocelyn McGee, MSG, PhD  
Baylor College of Medicine

Sabrina Pickens, MSN, RNC  
University of Texas Health Sciences Center at Houston

Katie Scott, MPH  
Sheltering Arms Senior Services - Day Center

Suzanne Perry Slavens, MS, MPH  
Lexington Place Nursing and Rehabilitation Center

Donna Wrabel, LMSW  
At Your Side Homecare

conference schedule

|                   |   |
|-------------------|---|
| 8 - 8:30 a.m.     | Registration &<br>Continental Breakfast |
| 8:30 - 9:45 a.m.  | Keynote Presentation                    |
| 10 a.m. – 12 noon | Spotlight Session                       |
| 12:15 – 1 p.m.    | Lunch Session                           |
| 1:15 – 2 p.m.     | Interactive Session A                   |
| 2:15 – 3 p.m.     | Interactive Session B                   |
| 3:15 – 4 p.m.     | Closing Session                         |



ceu information

This conference provides 6.25 CNE credits. The University of Texas, School of Nursing at Houston is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

This conference has been approved for six and one quarter (6.25) CE contact hours for Social Workers by H.I.S Cornerstone.

spotlight sessions

Ethical Considerations in Dementia Care  
Christina Leshner, Sabrina Pickens, Donna Wrabel

Determining where the boundaries lie between patient rights, family and physician responsibility in dementia care is often difficult. This session will investigate these boundaries and how communication between patients, caregivers and healthcare professionals affect the patient’s well-being.

The Impact of Family Dynamics  
on Care Provisions  
Rebecca Axline, Peggy Gleeson, Dan Kroll

Family members are an integral part of the care team of persons with dementia. Participants in this session will explore the impact of intergenerational communication on care provisions and identify plans to overcome the family challenges that may evolve throughout the disease trajectory.

Evidence-Based  
Non-Pharmacological Interventions  
Ali Asghar, Mary Kenan, Lynn Snow

Non-pharmacological approaches have promise for improving many symptoms of Alzheimer’s disease. This session will investigate the impact and benefits of these interventions on patient outcomes. In addition, this session will introduce practical strategies for integrating evidence-based non-pharmacological interventions in routine practice.

interactive session a

Understanding the Dementia Experience  
Katie Scott

Participants will identify the impact the symptoms of dementia have on a patient’s abilities through empathy and sensitivity training. Participants will also develop strategies for quality interactions and communicating with persons with dementia.

Implementing Cognitive Behavioral  
Strategies in Dementia Care I  
Jocelyn McGee

This two-part session will provide an in-depth understanding of how to integrate Cognitive Behavioral Therapy strategies into care for people with dementia and their family members based on evidence-based research and practice. Participants will explore the constructs of cognitive behavioral therapy and develop strategies to incorporate it in practice.

Early Stage Interactions  
Mario F. Dulay

This session will discuss the implications of early diagnosis on a patient’s emotional and physical well-being. It will also describe the types of memory affected in the early stage of Alzheimer’s disease and how to develop quality interactions in spite of these changes.



interactive session b

Financial Options for Persons with  
Dementia and their Caregivers  
Christina Leshner

Maneuvering through financial options can be a very daunting task for family members and persons with dementia. This session will empower healthcare professionals to assist clients in navigating and identifying financial support programs. The session will also define the continuum of care options for persons with dementia and describe funding sources for long-term care.

Improving Dementia Care through  
Environmental Changes  
Suzanne Perry-Slavens

The environment can have a profound impact on a person with dementia’s quality of life. Participants will discuss the effects of environment on persons with dementia. Participants will also discover ways to incorporate evidence-based environmental modifications to improve the patient quality of life.

Implementing Cognitive Behavioral  
Strategies in Dementia Care II  
Jocelyn McGee

This two-part session will provide an in-depth understanding of how to integrate Cognitive Behavioral Therapy strategies into care for people with dementia and their family members based on evidence-based research and practice. Participants will explore the constructs of cognitive behavioral therapy and develop strategies to incorporate it in practice.