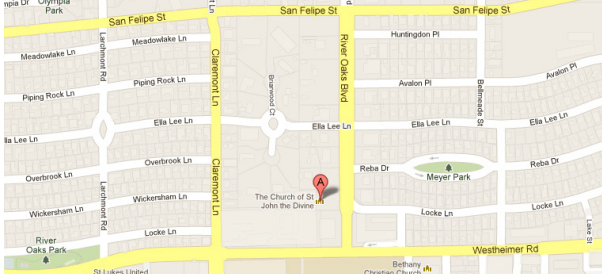


The Church of St. John the Divine

The Church of St. John the Divine is located at 2450 River Oaks Blvd., Houston, Texas 77019.



Rank the classes 1-5 (1 being most preferred).

- Legal Plans 101
- Navigating the Long-Term Care Maze
- The Down & Dirty of Dementia
- Practical Caregiving Tips
- Sexuality & Dementia

Name _____

Address _____

City _____

State _____ Zip _____

Telephone _____

E-mail _____

To register, complete both sides of this form and return it with payment to: Alzheimer's Association, Houston & Southeast Texas Chapter, 2242 W. Holcombe Blvd. Houston, Texas 77030. If paying by credit card, you may fax your registration to 713.314.1315. To register online, visit alztx.org/conference.



2013SCHLICHTINGCAREGIVERCONFERENCE
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Houston & Southeast Texas Chapter
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Houston, Texas 77030



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2013 SCHLICHTING CAREGIVER CONFERENCE



June 8, 2013

8:30 a.m. - 3 p.m.

The Church of St. John the Divine

Non-Profit
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keynote speaker

Janet Edmunson, M.Ed.

Author

Finding Meaning with Charles: Caregiving with Love Through a Degenerative Disease



Janet Edmunson is an inspirational speaker, writer and health promotion professional who is dedicated to using her life experiences and inner values to support the growth and self-esteem of the people her life touches.

Her new title, *Finding Meaning with Charles*, highlights the life lessons and the caregiving affirmations that Janet discovered as she cared for her husband during the five years when he was fighting a degenerative neurological disorder.

keynote address

Importance of Positive Emotions for Caregivers

Poor emotional health and depression can weaken professional and family caregivers when faced with the day-to-day work of caregiving for someone with dementia. Research in positive psychology shows that a healthier thinking style can be learned to help foster creativity and resilience. This session explores this exciting research as it applies to caregivers.



closing

Connecting Through Music

Guadalupe Flores, M.T.-B.C.

Music Therapist Guadalupe Flores will demonstrate how caregivers can connect to persons with dementia using the power of music. Participants will gain useful strategies that can be used to engage their loved ones.

breakout sessions

Legal Plans 101

Bill Hayes, J.D.

Legal planning is essential after a diagnosis of dementia. However, some families find this process daunting and are not quite sure where to start. This session will provide an overview of important legal issues when planning for the future.

Navigating the Long-Term Care Maze

Don German, Care Partner; Cyndee Frey, R.N.;

Jeanette Lazarofsky, M.S., C.M.C., C.L.L.

Our panelists will discuss long-term care options available for persons with dementia. The panel will weigh-in on the ever-present question, "When is it time?" They will also address the emotional impact this decision often has on caregivers.

The Down & Dirty of Dementia

Sheila LoboPrabhu, M.D.

In this session, participants will gain an understanding of common illnesses among persons with dementia. It will also identify the stages of Alzheimer's disease and discuss end of life issues. Participants will develop strategies for managing medication and co-morbidities of persons with dementia.

Practical Caregiving Tips

Brenda Carr, The Hampton Healthcare Center

This session will offer practical tips on how to help people with dementia with everyday activities like eating, bathing, dressing and grooming.

Sexuality & Dementia

Floyd Robinson, Director of UH Health Center

The changes associated with dementia affect every aspect of life, including sexuality and intimacy. This presentation will explore normal, human need for sexuality, for both the caregiver and for the person with dementia. This session will address the common concerns of what is "normal", what is ethical and how to fulfill needs through touch and intimacy. Additionally, participants will identify when an person with dementia's sexual behavior may require intervention.

8:30 a.m.	Registration
9 a.m.	Welcome
9:10 - 10:25 a.m.	Keynote Address
10:35 - 11:50 a.m.	Session A
11:50 a.m. - 12:35 p.m.	Lunch
12:45 - 2 p.m.	Session B
2:10 - 2:40 p.m.	Closing
2:40 - 3 p.m.	Evaluation

Conference Fees

Registration: \$15

Late Registration (begins June 3): \$25

Cancellation Policy

If unable to attend, a replacement may be sent. No refunds will be given. For questions and group rates, call: 800.272.3900

Credit Card Type: VISA MasterCard
 AMEX Discover

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