

2009 Schlichting Caregiver Conference

Empowered for the Journey

presented by:

alzheimer's  association®

houston & southeast texas chapter

Saturday, November 14, 2009



keynote:

Ann Morrison, PhD, RN

Johns Hopkins
Alzheimer's Disease
Research Center
Baltimore, MD

conference:

8:30 a.m. - 2:30 p.m.

post-conference workshop:

2:45 - 4:15 p.m.



conference location:

Villa de Matel

DuBois Conference Center

6510 Lawndale St.

Houston, TX 77023

Space is limited. Register online at alztex.org/conference

Conference Schedule

8:30 a.m.	Registration & Continental Breakfast
9:00 a.m.	<p>Keynote Session</p> <p><i>"Keeping Families Healthy When a Member has Dementia"</i> Presenter: Ann Morrison, PhD, RN, CS</p> <p>Dr. Morrison has been providing care to Alzheimer's patients and families and directing clinical research for eighteen years. She currently serves as a clinical nurse specialist at the Johns Hopkins School of Medicine, Alzheimer's Disease Research Center. Her presentation will address the role changes during the course of dementia and how these changes impact the family.</p>
10:15 a.m.	Break
10:30 a.m.	Session I
11:25 a.m.	Break
11:35 a.m.	Session II
12:30 p.m.	Lunch
1:15 p.m.	<p>Closing Session</p> <p><i>"Riding the Waves of Caregiving"</i> Presenter: Oma Morey, PhD Sealy Center on Aging, University of Texas Medical Branch, Galveston, TX</p> <p>The caregiving journey can take many unexpected twists. Learn how to cope with the emotional effects of dementia on the caregiver.</p>
2:15 p.m.	Adjourn

Session Information

<p>Late Stage Care <i>Cindy Hartman, RN, BSN</i> C & S Care Management, Inc.</p> <p>Participants will learn the signs associated with the late stages of Alzheimer's. They will also be guided through the decision making process as it relates to end of life care.</p>	<p>Sexuality, Intimacy, & Alzheimer's <i>Fran Floersheimer, LBSW</i> Alzheimer's Association</p> <p>This presentation will address the changes in sexual behavior that can occur with persons with dementia. Tips on how to address sexually inappropriate behaviors and how to develop new ways of expressing intimacy and love will be provided.</p>
<p>The Next Steps: Life Planning Tips After an Alzheimer's Diagnosis <i>Michelle Sonnier, LMSW</i> Alzheimer's Association</p> <p>Participants will be able to identify the next steps for an individual that has been diagnosed with Alzheimer's disease. Tips on preparing for the disease process will also be presented.</p>	<p>Communication & Activity Modification Tips for Families <i>Robyn Horn, MLCA</i> HIS Cornerstone</p> <p>Simple everyday tasks and activities become progressively more difficult; however, participation in activities is still beneficial. This presentation provides tools needed to effectively adapt current activities to meet the diagnosed individual's abilities.</p>

About the Conference:

The Schlicting Caregiver Conference seeks to help caregivers accept and respond to changes associated with caring for a person with dementia.

Your Registration Includes:

- Continental Breakfast
- Lunch
- Conference Materials
- Coach Broyles' Playbook for Caregivers
- Networking Opportunities
- Resource Fair

La interpretación española está disponible.

This program is supported, in part, by the city of Houston acting as the Harris County Area Agency on Aging and the Texas Department on Aging and Disability Services.

Conference Fees:

Registration: \$45

Late Registration (after November 6th): \$60

Post Conference Workshop: \$20
(for conference attendees only)

Partial scholarships are available.
Please call 713.314.1313 for details.

post conference workshop:

"Demystifying Behaviors"

Featuring Ann Morrison

Alzheimer's may cause persons to act in unpredictable ways. In this small group setting, learn how to adapt and respond to these various behaviors using creative problem solving methods.

Space Is Limited

To register, complete this form and return it with payment to: Alzheimer's Association Houston & Southeast Texas Chapter, 2242 W. Holcombe Blvd. Houston, Texas 77030. If paying by credit card, you may fax your registration to 713.314.1315. To register online, visit alztex.org/conference. For more information, call 713.314.1313.

Name _____ Address _____

City _____ State _____ Zip _____

Telephone _____ E-mail Address _____

Sign up for:

Conference \$45 (\$60 after November 6th) Post-Conference Workshop \$20 (for conference attendees only)

Billing information:

Total Amount to Charge _____ Credit Card Type (Choose One) VISA MasterCard AMEX Discover

Credit Card # _____ Expiration Date _____

Name on Card _____

Card Holder Address (if different from above) _____

Signature _____

Please rank your session preferences (1 being the highest and 4 being the lowest).

Late Stage Care: 1 2 3 4 Sexuality & Intimacy: 1 2 3 4

The Next Steps: 1 2 3 4 Communication & Activity Modification: 1 2 3 4

HELpline 1.800.272.3900

www.alz.org/texas

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Alzheimer's

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